



THE YOGA OF ASTROLOGY

FINDING SPIRIT WITHIN THE CHART

Om asatoma sad gamaya

Tamaso ma jyotir gamaya

Mrtyor ma amrtam gamaya.

Om Shantih, Shantih, Shantih

From Unreality, lead us to Reality. From Darkness,
lead us to Light. From Death, lead us to Immortality.

Om Peace, Peace, Peace.

Brihadaranyaka Upanishad

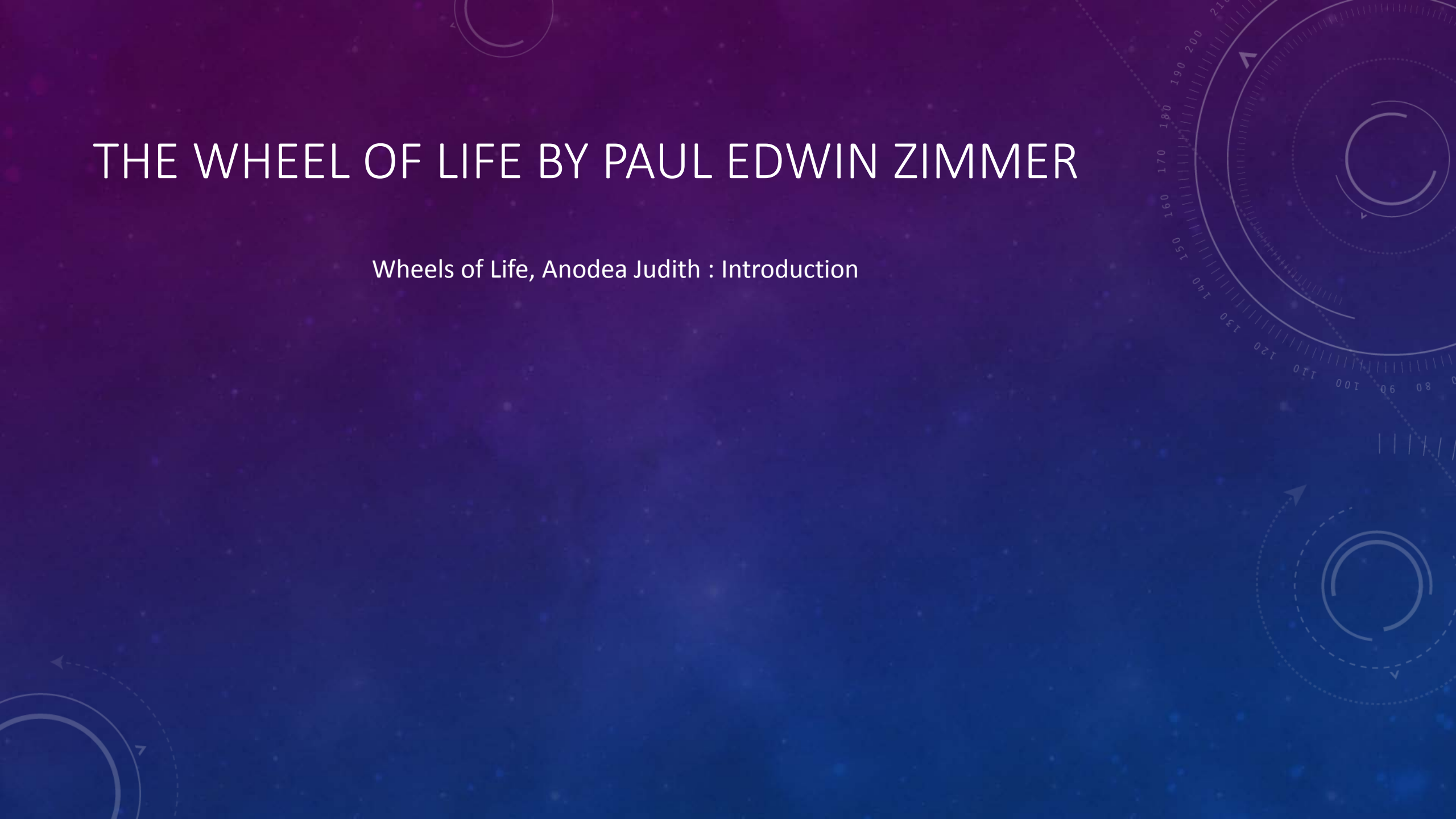
YOGA AND ASTROLOGY

- Yoga is the practice of knowing who you are
- Astrology is the practice of knowing who you are.



THE WHEEL OF LIFE BY PAUL EDWIN ZIMMER

Wheels of Life, Anodea Judith : Introduction

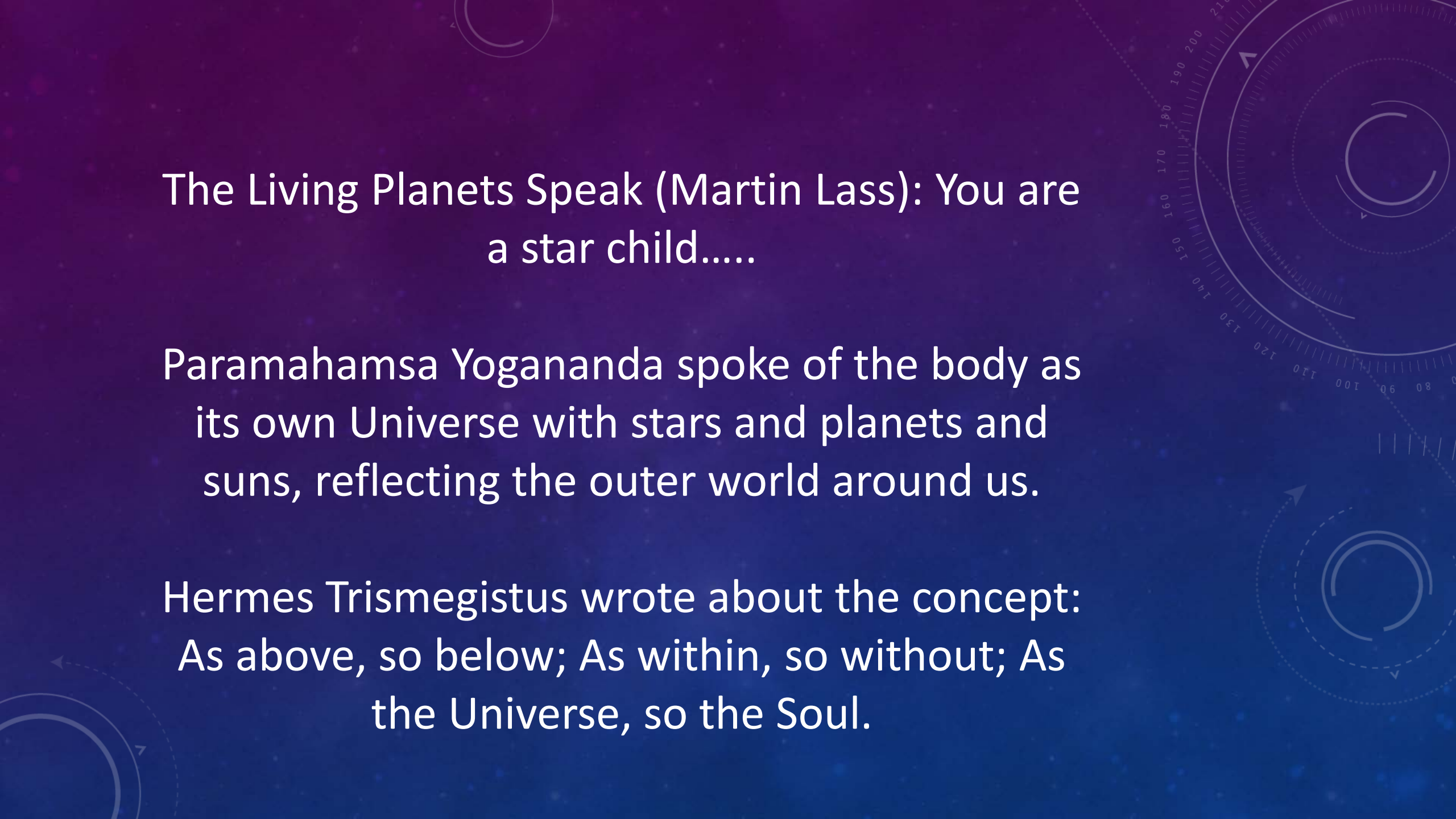


The background is a dark blue gradient with a starry space pattern. On the right side, there are faint, semi-transparent circular diagrams. One large diagram features concentric circles with tick marks and numbers ranging from 80 to 210. Another smaller diagram below it shows dashed circles with arrows indicating a clockwise direction. A third diagram in the bottom left corner shows solid circles with arrows indicating a counter-clockwise direction.

Causal Body

Astral Body

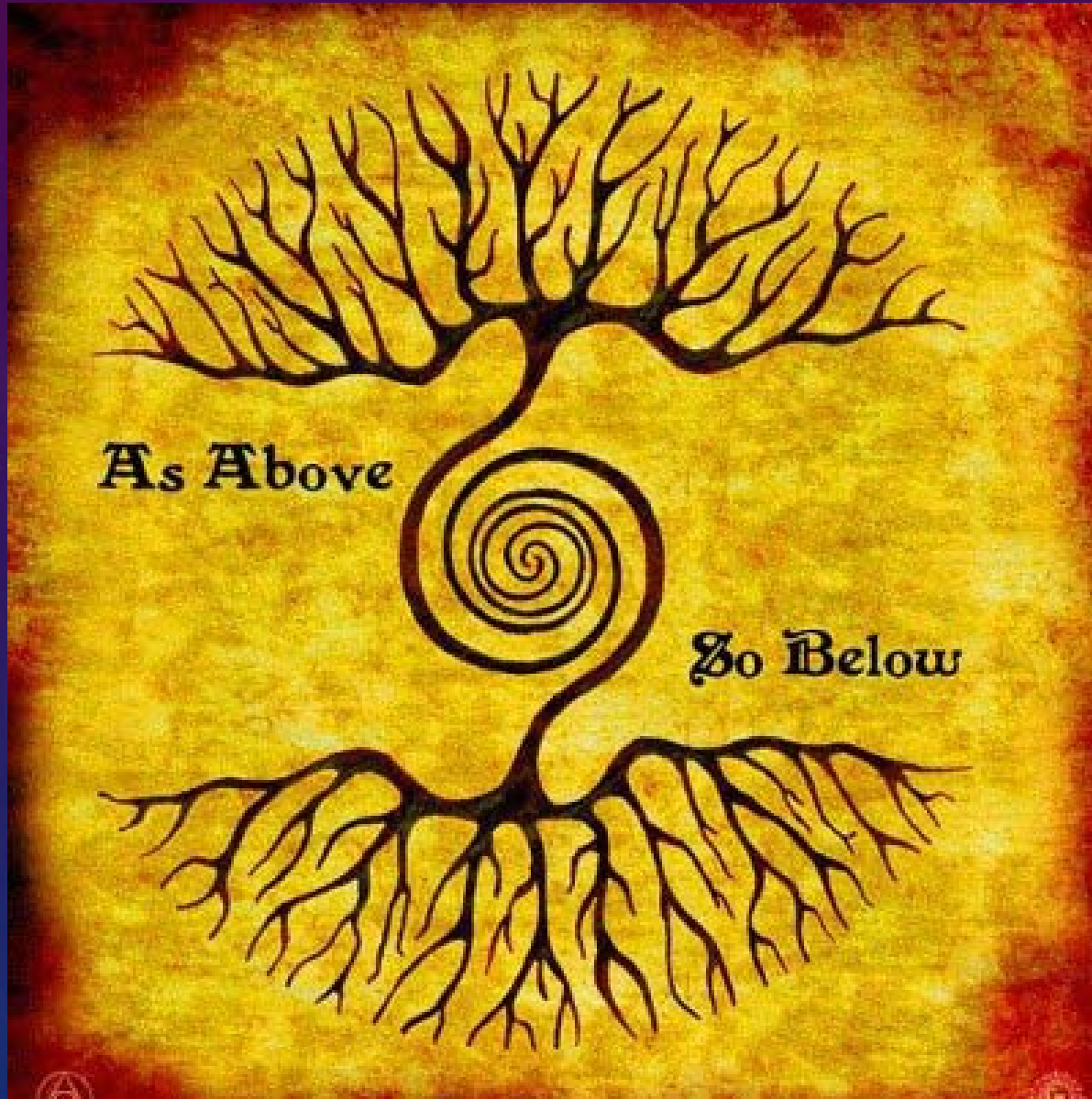
Physical/Temporal Body

The background features a dark blue, starry sky with faint, glowing celestial patterns. On the right side, there are several concentric circular lines, some solid and some dashed, with numerical markings (100, 110, 120, 130, 140, 150, 160, 170, 180, 190, 200, 210) and arrows, resembling a celestial chart or a stylized representation of planetary orbits. The overall aesthetic is cosmic and spiritual.

The Living Planets Speak (Martin Lass): You are
a star child.....

Paramahansa Yogananda spoke of the body as
its own Universe with stars and planets and
suns, reflecting the outer world around us.

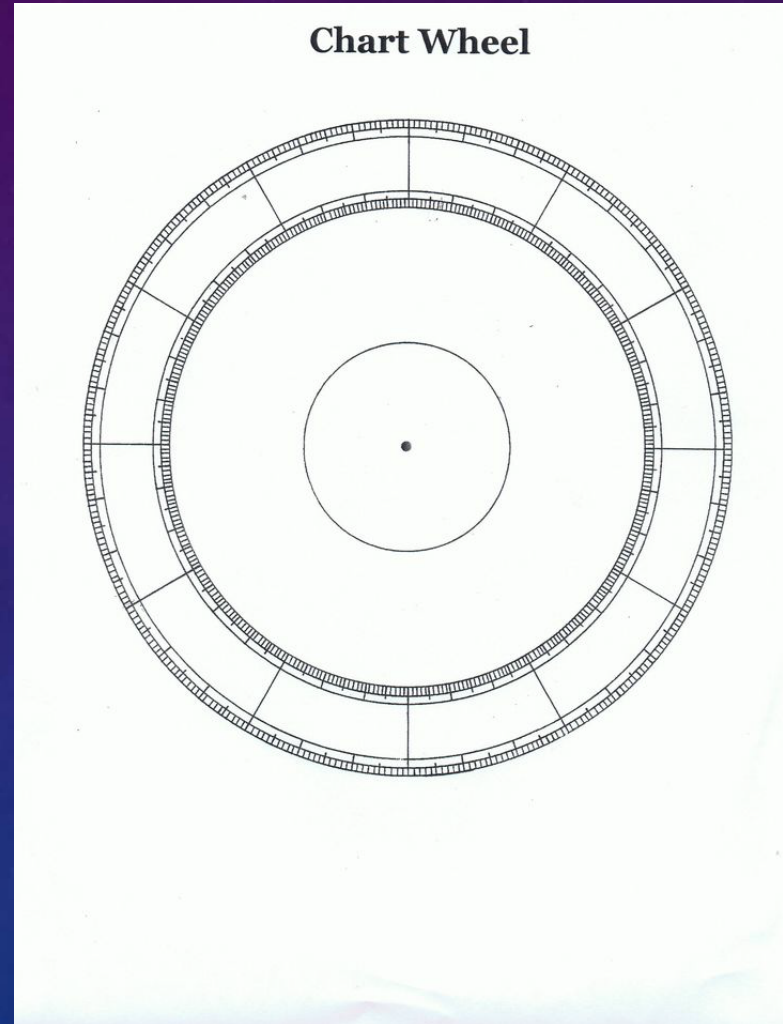
Hermes Trismegistus wrote about the concept:
As above, so below; As within, so without; As
the Universe, so the Soul.



The chart of an astrologer represents everything there is on all levels: body, mind, heart, spirit – and SOUL.

The Soul is the individual spark of Consciousness, where the Spirit is the activating principle.

Body is earth. Heart is water. Mind is air. Spirit is fire. Soul is the Ethereal component which is not typically discussed in astrological readings.





Yoga looks at all the layers of being (body, mind, heart, spirit – and SOUL) to try to bring them into unity. Yoga means to yoke or to unite.

- Food Layer/Body – earth
- Prana Layer/Energy – fire
- Lower Mind Layer – Emotions – water
- Higher Mind Layer – Conscious Thought – air
- Bliss Layer - space





BEGIN WHERE YOU ARE

What is your ability to act into
life? Cardinal

What strength do you
possess? Fixed

How flexible are you? Mutable



Gunas: Sattwa, Rajas, Tamas

Modes: Cardinal, Fixed, Mutable

Houses: Angular, Succedent, Cadent

Rajas is Cardinal/Angular. Tamas is Fixed/Succedent, Sattwa is Mutable/Cadent.

AKA Energy, Matter, Consciousness

Handwritten text in a stylized, cursive script, likely representing a name or a signature. The text is written in yellow on a dark blue background. The characters are highly stylized and difficult to decipher, but they appear to be a mix of letters and symbols, possibly a mix of English and another language or a highly stylized form of a name.



More Martin Lass

